



GOAL SETTING

What is your main goal?

Be clear and specific about what you want to achieve

My Goal is:

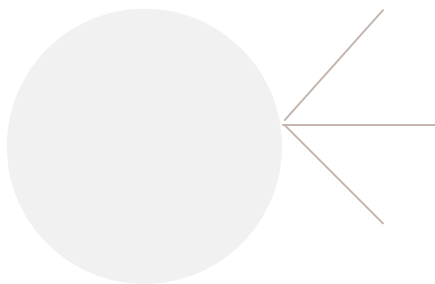
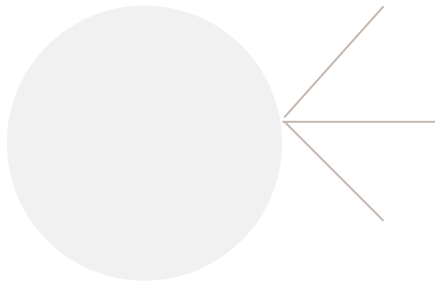
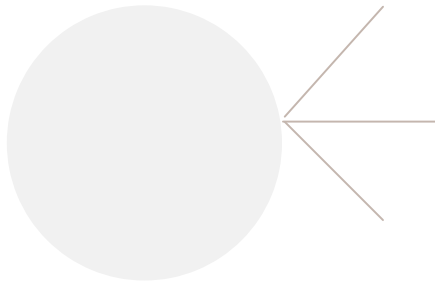
My goal matters because:

A realistic timeframe to complete my goal is:

To achieve my goal I will:

Action

Plan For Each Action (include checkpoints and milestones)



I will celebrate my wins by:

*Remember, you achieve your **dreams** by writing them down and turning them into **goals**!*